



TCC Fees & Rates Details – 2025

Private Pay Rates \$90-\$135

\$90 - 30-minute session

\$85 - 60-minute session (practicum student)

\$105- 60-minute-session (Associate licensed therapist)

\$135 - 60-minute-session (Fully licensed provider)

DBT Skills Group \$50.00

DBT Skills Workbook for DBT (Includes Shipping) \$30

Life Coaching Services \$55-\$105

\$105 - 60-minute session

\$55.00 30-minute session

\$50 - Spiritual gifts assessment & consultation

Other Fees & Services

\$30 - Records request

\$50/hour other letters/documentation/paperwork

\$80 - no-show/late cancellation (less than 24 hours' notice)

\$400/hour court appearance, document gathering, minimum 2 hours, 50% deposit) + travel expenses (tolls, lodging, gas, meals).

Sliding Scale Option

We believe mental health support should be accessible to everyone. For individuals facing financial hardship and without insurance, we offer a sliding scale fee, with rates starting as low as \$50. Please contact us to learn more about this option.

Most insurances are accepted. Medicaid is only accepted in Texas. Medicare and Tri-Care are accepted in all states we work with.

Revised June 2025

Payment Policy

In order to provide a seamless and efficient experience, we have established the following payment policy.

Payment Process:

1. All payments are due at the time of service unless prior arrangements have been made.
2. Credit Card on File: Prior to your first therapy session, we require that you provide a valid credit card to be securely stored on file. This information is used solely for payment processing purposes and will be securely managed through our payment processor, CardPointe. We will authorize \$1 charge that will be refunded back to you as an offset for your first session, or a refund if your session copay is \$0. Any existing appointment will be canceled if a card is not placed on file within 24 hours of the appointment.

Secure Payment Processing:

3. CardPointe: We prioritize the security of your financial information. Our payments are processed through CardPointe, a trusted and secure payment gateway that employs industry-standard encryption and security measures to ensure the safety of your data.

Client Portal Access:

4. Client Portal Convenience: Upon registering with our services, you will gain access to a personalized client portal. This portal offers a range of convenient features, including the ability to:
 - View and manage your payment history
 - Obtain receipts for services rendered
 - Make payments for upcoming sessions
 - Download and view invoices for your records

Cancellations and Refunds:

5. Cancellation Policy: We require 24 hours' notice to cancel or reschedule. Failure to do so will result in an \$80 fee.
6. Refund Policy: We are committed to providing quality service. If we make a billing mistake or error, we are glad to refund any money you overpaid. In the event, as per policy that your provider is a no-show or cancels with less than 24 hours notice, you will receive a credit equivalent to your standard session fee to be used on future

sessions. This is non-refundable and not redeemable for cash.

We appreciate your understanding and cooperation with our payment policy. It enables us to focus on providing the best therapeutic care possible. Should you have any questions or require assistance, please feel free to reach out to our team at billing@counselingcove.com

Thank you for choosing us as your therapy provider.

Effective January 1, 2023, You have the right to receive a "Good Faith Estimate" explaining how much your care may cost.

Under the law, healthcare providers (including mental health therapists) need to give clients who don't have insurance or are not using insurance an estimate of the bill for medical items and services.

- You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.
- Beginning January 1, 2023, you will receive the Good Faith Estimate within 24 hours before your appointment.
- The Good Faith Estimate shows the costs of items and services that are reasonably expected for your healthcare needs for an item or service. The estimate is based on information known at the time the estimate is created.
- The Good Faith Estimate is not intended to serve as a recommendation for treatment or a prediction that you may need to attend a specified number of psychotherapy visits. The number of appropriate visits in your case, and the estimated cost for those services, depends on your needs and what you agree to in consultation with your therapist.
- You are entitled to disagree with any recommendations made to you concerning your treatment, and you may discontinue treatment at any time.
- The Good Faith Estimate does not include any unknown or unexpected costs that may arise during treatment. You could be charged more if complications or special circumstances occur. Federal law allows you to dispute (appeal) the bill if this happens. You may appeal if your cost exceeds \$400 or more of the estimated total.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.
- There is a \$25 fee to use the dispute process. If the agency reviewing your dispute agrees, you will have to pay the price on the Good Faith Estimate. If the agency disagrees with you and agrees with the healthcare provider or facility, you will have to pay a higher amount. To learn more and get a form to

start this process, go to www.cms.gov/nosurprises or call 1-800-985-3059. For questions or more information about your right to a Good Faith Estimate or the dispute process, visit www.cms.gov/nosurprises or call 1-800-985-3059.